

Regulations National Student Dance Weekend (Nationaal Studenten Dansweekend) 2025

Created by the NSDW Committee of TSDV DanceNation from Tilburg.



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Article 1: General Rules

By submitting an application for participation, you confirm that all participants are familiar with the current regulations and agree to comply with them.

1.1 The right to participate

1. Participation in NSDW events is only allowed if you are a member of a student dance association or if you were a member of a student dance association in the 2024-2025 dance season.
2. After the closing of the registrations on **April 1, 2025, 23:59** the committee will create a competition schedule and inform everyone which slot they have been appointed. In doing so, we will try to ensure participation for as many people as possible.

1.2 Losing the right to participate

1. If you do not meet the conditions stated in Article 1.1, you lose the right to participate.
2. If the team captain has not paid the participation fee of their dancers within 14 calendar days of the confirmation email of registration or before **April 5, 2025**, the NSDW committee reserves the right to refuse participation.
3. Inappropriate behavior of a participant during the event can result in disqualification of the whole team. In this case, participation fees are non-refundable.
4. When participants have good reason to ask for an exception to the rules in this Article, they may do so at nsdw.tsdvdancenation@gmail.com.

1.3 Cancellation competition

1. The NSDW will be cancelled if fewer than ten (10) teams, or teams from fewer than five (5) student dance associations, have registered by April 2, 2025, at 23:59.

Article 2: Registration

2.1 General registration rules

1. Every dance performance (team/solo/duo) has to submit a separate registration form, which can be found on the NSDW Instagram (@nsdweekend) and the NSDW website: www.nsdweekend.nl. There are multiple registrations forms available:
 - 1.1. **Registration for teams:** through this form, the team captain has to register the whole team, indicating the participation type of each dancer:
 - Competition + weekend participation
 - Competition participation only
 - 1.2. **Registration for solos/duos:** through this form participants can register for dancing in a solo/duo. In the case of a duo, one registration form should be submitted indicating the information required about both dancers.
 - 1.3. **Registration form without competition:** through this form, the participant signs up for only the weekend's activities, and gets the right to sit in the audience during the competition. Thus, the participant themselves does not dance in the competition. Registration via this form is done individually. There is only a limited number of tickets of this type available, a first-come, first-serve policy will be applied.
2. After registration is processed by the NSDW committee, the participant will receive a registration processing email with payment details.
3. Audience that are not participating in the weekend activities should register on their own through a separate link, which can be found on the NSDW Instagram page (@nsdweekend) and the NSDW website: www.nsdweekend.nl
4. By submitting a registration form, the team captain confirms reading and complying with all rules and regulations established for NSDW 2025 on behalf of the whole team.

2.2 Deadlines

1. Registrations open for participants: **February 17, 2025.**
2. Registrations close for participants: **April 1, 2025, 23:59.**
3. For registration adjustments after the registration is closed please contact the committee at nsdw.tsdvdanceNation@gmail.com.
4. The organizers reserve the right to close the registration earlier than the date specified in Article 2.2, paragraph 2 if the number of participants exceeds the capacity of the venue. If this occurs it will be notified and clearly stated on the NSDW Instagram (@nsdweekend) and the NSDW website: www.nsdweekend.nl.

Article 3: Participation fees

3.1 General rules

1. Every participant has to pay a participation fee. For this, the team captain must transfer the total participant contribution of all participants in the team to the bank account specified in the registration processing email following the registration. The team name, dance association represented and number of participants should be mentioned in the monetary transfer.
2. When payment from each participant on the team is received by the committee within 14 calendar days of confirmation of registration, but no later than **April 5, 2025, 23:59**, the team is officially registered for the NSDW 2025. The team captain will receive a confirmation email of participation from the committee.
3. After registration, a team/participant may deregister free of charge until no later than **April 5, 2025, 23:59**. If a team/participant deregisters later, the participation fee will not be refunded.
4. By paying for participation, you agree to the current rules and regulations of the NSDW 2025.

3.2 Participation fees 2025

1. Competition only:
 - 1 dance: €16;
 - 2 dances: €21;
 - 3 dances: €26.
2. Competition + weekend: €23. This price should be added to the prices specified in paragraph 1 of the current article. For example, if a person is doing 2 dances and is participating in the weekend, their total fee is €45 (€21+€23). This includes participation in the competition as a dancer, a goodie bag, dinner on Saturday and breakfast on Sunday, sleeping arrangements in our guarded Sports Center and access to the workshops and the after-party we offer.
3. Weekend only: €28. A non-dancer is entitled to sit in the audience during the competition and participate in all other parts of the weekend. These participants must register via a separate registration form (see Article 2.1, paragraph 1.3). There is only a limited number of non-dancer tickets available, a first-come, first-serve policy will be applied. This includes a seat to watch the competition, a goodie bag, dinner on Saturday and breakfast on Sunday, sleeping arrangements in our guarded Sports Center and access to the workshops and the after-party we offer.
4. When participating in more than 1 dance, the committee will determine to which group your participation fee will be charged.
5. One coach per team is allowed to enter the competition venue free of charge. However, in order to participate in the rest of the weekend, a non-dancer fee of €28 applies.

Article 4: Competition rules

1. A team must consist of a minimum of 5 and a maximum of 21 participants.
2. Each team can only participate in one category.
3. As an individual participant you can dance in multiple teams (also in the same category). However, each team must differ by at least 50% of the participants. For example, when there are two teams of 8 participants, these teams may overlap in up to 4 participants.
4. An individual participant may participate in a maximum of 3 dances.
5. When a participant participates in different team categories, the level of these categories may differ by no more than one level. For example, a participant may dance in beginner and intermediate, but not in beginner and advanced. In the case that category levels are merged, this rule doesn't apply.
6. An individual participant in the SOLO/DUO category is allowed to participate in only one of the two (either SOLO or DUO but not both).
7. If a participant or team has very good reasons to request an exception to these rules, they can do so at nsdw.tsdvdanceation@gmail.com.

4.1 Categories and levels

1. **Team categories** are divided by levels: Beginner, Intermediate and Advanced.
 - **STREET** (e.g. hip-hop, popping/animation, breakdance, afro, dancehall, locking, krump, etc.)
 - **MODERN** (e.g. contemporary, experimental, etc.)
 - **FEMALE** (e.g. heels, strip/frame-up, vogue, waacking, etc.)
 - **SHOW** (e.g. jazz, ballet, commercial, musical/theatre dance, k-pop, etc.)
2. **Non-team categories** have no level division:
 - **SOLO** (all styles)
 - **DUO** (all styles)
3. **Levels** for team categories:
 - **BEGINNER**: dancers who are just starting out. The dancer has little to no experience. The dancer has mastered the basic techniques of the style sufficiently to perform a choreography.
 - **INTERMEDIATE**: dancers who have been dancing for a longer period of time. The dancer has several years of experience. The dancer has mastered the basic techniques and extensions to them, making them capable of performing a higher-level choreography.
 - **ADVANCED**: dancers who have been dancing for a very long time. The dancer has many years of experience. The dancer has mastered basic techniques, extensions to these and extra techniques of a high level. This can include tricks, lifts and such. The dancer is able to perform a complex choreography on a high level.
4. Demo teams are expected to apply to **ADVANCED**.
5. It is forbidden to perform the same dance in two different categories.
6. In the event that there is an insufficient number of teams per level, the organizers reserve the right to combine levels.
7. The team coach independently determines the level of the team. However, if the team has already won prizes at competitions, it is recommended to participate at a higher level.
8. If in doubt about the category or level, contact the committee at nsdw.tsdvdanceation@gmail.com.

4.2 Music, stage and attributes

1. Music should be submitted to nsdw.tsdvdancenation@gmail.com no later than **April 14, 2025, 23:59**. The file should be named in the following format:
Category_Level_Name of the team/solo/duo.
2. Every team/solo/duo needs to have back-up music on a USB with only the track(s) that they require at the event with the same file name as specified in paragraph 1 of the current article (Article 4.2).
3. Performance length:
 - **STREET** and **FEMALE**: 2-3 min max
 - **MODERN** and **SHOW**: 2-4 min max
 - **SOLO** and **DUO**: 1.5 min max
4. Stage size: 14x7 (meters)
5. An individual lighting plan is not provided for any category.
6. The use of attributes is allowed if they do not pose a danger to the dancers and the audience. After use, the attributes must be removed from the dance floor. It is prohibited to use liquid or loose objects, oils, creams, aerosols, open flames, pyrotechnic devices, etc. on stage, which may leave traces on the stage and interfere with the safety of the participants' performance.
7. Use of attributes must be reported to the committee via email no later than **April 14, 2025, 23:59 CET**. Please include the quantity and what attributes are involved. Attributes must be small enough to be set up just before the dance and put away quickly and immediately after the dance. The team itself is responsible for assembly and disassembly.
8. If a team or participant has very good reasons to request an exception to these rules, they can do so at nsdw.tsdvdancenation@gmail.com.

4.3 Judges and evaluation criteria

1. The number of judges can vary from 3 to 5 people, who are equally important.
2. In case of illness or force majeure, the organizers of NSDW 2025 have the right to change the composition and number of the jury.
3. Criteria for evaluating:
 - **EXECUTION**: choreographic identity, crew synchronicity, dynamics and movement quality, use of levels
 - **STAGECRAFT**: formations, transitions, positioning, use of the stage
 - **CREATIVITY**: complexity, originality, concepts/themes, musicality, music choices
 - **PERFORMANCE SKILLS**: confidence, focus, energy, projection
 - **JUDGES OPINION**: overall impression of the performance as a whole
4. The judging uses a 10-point scale, in increments of 0.5 points.
5. Each judge receives a separate printed protocol for each nomination, with a list of participating teams (without specifying the city, school, coach and the composition of the participants), so that the judging is as unbiased as possible. The protocol is filled out by the judge personally. There is a field for making comments for each team, which the team coach can review after the results are announced. After all the grades are given, the protocols are handed over to the secretary, who enters the points into a spreadsheet that automatically summarizes the points and puts the teams in their places. After that the final ranking of the prizes is arranged in accordance with the scores given by the judges. Until the end of the nomination, the protocol remains with the judge, and they have the opportunity to make adjustments to their protocol.
6. If, according to the results of the places awarded, several teams receive the same place in TOP-3, the board of judges gathers and the judging panel decides the final placement of teams.

4.4 Competition day

1. Arrival at the sign in location minimum 1.5 hours before the category starts, but no later than 12:00.
2. Exception from paragraph 1 of the current article (Article 4.4): teams performing in the first category have to arrive between 9:00 and 10:00 directly at the competition location.
3. The order of the competition will be determined by the committee and will be announced at least 2 weeks before the day of the competition.
4. Dancers must wear dancer wristbands at all times, even when performing on stage.
5. Dancers must be near the holding area and ready to dance at least 10 minutes before stepping onto the floor.
6. Props (attributes) are permitted, providing they comply with health & safety regulations. Props must be cleared easily from the dance floor immediately (i.e. no fire, chalk, talc, glitter etc. may be thrown onto the stage). See Article 4.2, paragraph 6 for more information on this.
7. The stage must be left in the condition in which it was entered.

4.5 Penalties

1. In case of violation of the current rules, the team's total score may be reduced.
2. Exceeding the performance length limit by more than 5 seconds will result in a deduction.
3. Improper entrance or exit off the stage will result in a deduction.
4. For safety reasons, unplanned loss of an item (attribute, parts of costume, shoe laces, etc.) or a falling off of a trick may result in a deduction.

Article 5: Competition results

1. The results of the competition will be announced on the same day.
2. A winner will be selected per category. The chosen winners bear the title "*Winner National Student Dance Weekend 2025, Category X*".
3. The 2nd and 3rd places will be rewarded as well.
4. Scoresheets and judges' commentaries will be shared with the participants within a week after the competition.

Article 6: Compensation of damages

1. TSDV DanceNation and the NSDW committee are not liable for possible property damage and theft during the event.
2. TSDV DanceNation and the NSDW committee are not liable for injuries or other harm throughout the weekend.

Article 7: Ethical norms

1. It is forbidden to throw items of clothing at the audience and improperly leave the stage.
2. Participants must treat each other with respect. The same respect must apply to and from the jury, NSDW committee, volunteers and all other parties involved in the event.
3. The use of phrases demonstrating racial, national, gender, or religious discrimination in music and team names are prohibited.
4. Insults towards the organizers, jury, and other participants of the competition, as well as unsportsmanlike behavior, are prohibited.
5. A participant who acts inappropriately, directly or indirectly, can be excluded from further participation in the event.
6. It is prohibited to commit actions that in any way may damage the reputation or offend the feelings of any NSDW 2025 participant (including damaging the venues of the

event and any persons and organizations involved in the preparation and holding of the event)

7. If a participant is deemed to be extremely inebriated to the point of harm or danger to themselves or others, the NSDW committee reserves the right to disqualify this participant from the competition and the weekend.
8. During the NSDW 2025, it is strictly prohibited to distribute unauthorized advertising or other unauthorized information (flyers, booklets, invitations, etc.), as well as to conduct propaganda activities among the participants of the competition (for example, an offer to move to another dance studio, change teachers, not participate in competitions, etc.). Violators of this prohibition will be disqualified from the competition.

Article 8: Privacy

1. By participating in the event, you give the organization permission to collect required personal data. These are first and last name, date of birth, e-mail address, phone number and allergies. This personal data will be kept for a maximum of one year. Immediately after this retention period the committee will destroy the personal data.
2. By participating in the event you give the organization permission to post captured photos and videos on social media for promotional purposes. In addition, you agree that captured photos and videos may also be used in future years for promotional purposes, such as the NSDW website and Instagram as well as the NSDW promo video.

Article 9: Cancellation due to uncontrollable events

1. The committee is free to deviate from the competition rules in the case of uncontrollable events and if the situation calls for it.
2. If the NSDW 2025 cannot proceed in the manner described here, the committee is free to seek alternative options. A possible partial refund of registration fees will then be determined by the committee based on the cost of the alternative NSDW 2025. If the NSDW 2025 is canceled entirely and no alternative is offered, anyone who has registered will have their registration fees fully refunded.

Article 10: Closing statement

1. Please note that by filling out any application for participation in NSDW, you automatically agree to these Rules and Regulations.
2. In the event that these regulations are non-covering, then the committee, in consultation with the 14th TSDV DanceNation board, will determine the next steps.